











YOUTH DEVELOPMENT

- Camp L.E.A.D.— Over <u>90</u> youth participated in this week long outdoor leadership camp funded by The Ford Family Foundation. 8th Graders throughout the county come together to explore personality inventories, conflict management styles, team building games & more
- Healthy Kids Day This nationally recognized free event saw 300+ kids participate in this fun event featuring jump houses, games, ninja course, prizes, rock climbing & more
- Sports Leagues / Camps Over <u>900</u> kids participated in our summer sports camps and youth leagues / classes
- Arts & Enrichment —<u>150+</u> kids took part in our dance, STEM magic & art classes / camps last year. With the help of the Morgan Siskiyou Foundation, our 'Young Musicians' program continues to offer music lessons to over <u>25</u> kids each week



HEALTHY LIVING

- Ugly Christmas Sweater Run For the 12th year in a row, generous community sponsors stepped up to help us offer this fun event. Over 200 runners participated in our annual event
- Fitness Classes 25+ health & wellness classes offered to the community each week. Over 8,500 class visits in 2023
- YMCA Fitness Trail Each week, hundreds of community members use our onsite 1 mile fitness trail
- Open Gyms Over <u>300</u> adults attended our basketball, volleyball & pickle ball open gyms & tournaments last year
- Outdoor Recreation Did you know that the Siskiyou Family YMCA is the only Y in the country to have their own whitewater rafting permit? We run guide training sessions each May and offer family and group trips throughout the summer months



SOCIAL RESPONSIBILITY

- Coats for Kids & Warm Hearts Drive Last year, our Y partnered with the Ford Family Foundation, Umpqua Bank, local church & service groups to hand out 150+ coats & other warm-clothing items to those in our community most at need
- Financial Assistance \$49,814 in financial assistance was given out to over 500 individuals in need last year, keeping our promise of never turning someone away for inability to pay
- 'Protect Our Children'— Our Y is helping lead this TFFF initiative by training adults in Siskiyou County in the nationally recognized child sexual abuse prevention curriculum 'Stewards of Children' by Darkness 2 Light.
- 'TLC' Our YMCA Teen Leadership Council, consisting of 17 teens, follows their mission statement: "Changing the perception of our generation by enriching people's lives through community service." Collectively, they volunteered over 150 hours in 2023



KEY PARTNERSHIPS — McConnell Foundation, Norris Foundation, The Ford Family Foundation, Pacific Power Foundation, City of Yreka, City of Montague, Siskiyou County STAGE, Community Foundation of the North State, Morgan Siskiyou Foundation, Rotary Clubs of Yreka & Montague, Yreka High School, First 5, Siskiyou County Behavioral Health, Siskiyou County Office of Education, Yreka Union Elementary School District, Yreka Union High School District, First 5, Golden Eagle Charter School, AWW, & Siskiyou County Probation Dept.

THE Y. SO MUCH MORE.