



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# YMCA WALKING GROUP

Every **Tuesday of September**, come join us on the YMCA track from **9:00 AM-10:00 AM** for a time of community and fitness!

For all ages. Feel free to bring your furry friends.

Questions? Email: [Sophie@siskiyou-ymca.org](mailto:Sophie@siskiyou-ymca.org)





# COFFEE, CARDS, & COMMUNITY

**Friday, August 23**

**12:00–1:30PM**

**Calling all Seniors!**



**Come join us at the YMCA Teen Center for a fun time of community and games! Bring your favorite board/card game and a food to share, and come hang out! Coffee will be provided for your enjoyment.**

**Questions? Email: [Sophie@siskiyou-ymca.org](mailto:Sophie@siskiyou-ymca.org)**