



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

YMCA WALKING GROUP

**Every Tuesday of September, come join us on the YMCA track from
9:00 AM-10:00 AM for a time of community and fitness!**

For all ages. Feel free to bring your furry friends.

Questions? Email: Sophie@siskiyou-ymca.org





COFFEE, CARDS, & COMMUNITY

Friday, August 23

12:00-1:30PM

Calling all Seniors!



Come join us at the YMCA Teen Center for a fun time of community and games! Bring your favorite board/card game and a food to share, and come hang out! Coffee will be provided for your enjoyment.

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