

YMCA Gymnasium Schedule - January 2026

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00 - 6:00AM						Closed	Closed	
6:00 - 7:00AM						Closed	Closed	
7:00 - 8:00AM	Adv. Pickle Ball Open Gym (3 Courts)	Advanced Pickle Ball Open Gym (3 Courts)		Advanced Pickle Ball Open Gym (3 Courts)		Closed	Closed	
8:00 - 9:00AM						Adv. Pickle Ball Open Gym 8-9AM (3 Cts.)	Closed	
9:00 - 10:00AM	Golden Eagle PE Program 9:30-11:35am	Pickle Ball Open Gym (3 Courts)	Golden Eagle PE Program 9:30-11:35am	Pickle Ball Open Gym (3 Courts)		PB Open Gym 9-11AM (3 Cts.)	Closed	
10:00 - 11:00AM								
11:00 - 12:00PM		Beginner Senior Pickleball Open Gym 11:00-12:00pm						
12:00 - 1:00PM							Pickle Ball open gym 3 courts 12:00-2:00pm	
1:00 - 2:00PM	Active Striders Fitness Class 1:00-1:45pm		Active Striders Fitness Class 1:00-1:45pm					
2:00 - 2:30PM								
2:30 - 3:00PM	Golden Eagle PE Program 2:45-3:45pm	Golden Eagle PE Program 2:45-3:45pm	Golden Eagle PE Program 2:45-3:45pm	Golden Eagle PE Program 2:45-3:45pm		Special Olympics Basketball practice 2:00-4:00pm		
3:00 - 4:00PM								
4:00 - 5:00PM	Golden Eagle BB Practice 3:30-6:30pm	Golden Eagle BB Practice 3:30-6:30pm		Golden Eagle BB Practice 3:30-6:30pm Half Court			Closed	
5:00 - 6:00PM	YMCA Youth Indoor Soccer 5:00-7:00 pm Half Court	YMCA Jiu-Jitsu Class Half Court 5:00-7:00PM	YMCA Youth Indoor Soccer 5:00-7:00 pm Half Court	YMCA Jiu-Jitsu Class Half Court 5:00-7:00PM	Pickle Ball Open Gym 5:00-7:00PM (3 Courts)	Closed	Closed	
6:00 - 6:30PM								
6:30 - 7:00PM	Basketball Open Gym Half Court 6:30-9:00PM Court (A)		Volleyball Open Gym 6:30-9:00 PM					
7:00 - 7:30PM								
7:30 - 8:00PM								
8:00 - 9:00PM						Closed	Closed	
					Full Gym Open	1/2 Gym Open	Gym Closed	

Special Events:

YMCA Youth Indoor Soccer will start on 1/12.

Note: Gymnasium Schedule is subject to change, especially during bad weather days

We will do our best to accommodate our membership first!