



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# THE SISKIYOU FAMILY YMCA RESPONDS TO COMMUNITY NEEDS BY...

## SERVING ALL INCOMES, AGES & ABILITIES



- In 2025, we served 5,500+ people in Siskiyou County through our memberships & programs.
- We bring together young and old, men & women, people of all faiths, backgrounds, and incomes.
- We provided \$60,808 in financial assistance & subsidies for youth and families. No one is turned away for inability to pay.

## SERVING VULNERABLE POPULATIONS IN OUR COMMUNITY



- **CHILDREN:** The Y is the largest provider of youth recreation activities in the county. We offer high quality programs to working families regardless of ability to pay. Last year, over 1,103 children participated in recreational sports and enrichment programs.
- **ACTIVE OLDER ADULTS:** One of the most consistent segments of our membership is older adults, with 464 active members over the age of 65. We provide health and wellness opportunities designed to specifically meet the needs of this population.
- **COMMUNITY OUTREACH:** Over the last year, we provided free events including “Healthy Kids Day”, Sober Grad Night, and field trips that involved over 1,022 participants.
- **OTHER NON-PROFITS:** In 2025, our Y provided over \$11,500 worth of space/programming at no charge for outside clubs, schools, non-profits, and groups to support the work they do.

## MOBILIZING COMMUNITY RESOURCES TO MEET LOCAL NEEDS

- **LOCALLY DRIVEN:** Our Y is led by a volunteer Board of Directors comprised of community leaders that volunteered 900+ hours of time. Additionally, we mobilized 143 volunteers who dedicated 4,650 hours to supporting the Y.
- **CONTRIBUTED INCOME:** We received \$183,738 from annual community contributions, which covers 16% of our budget.
- **LOOKING TO THE FUTURE:** In 2025, we raised over \$105,000 to go towards our Capital Campaign. This is a 3-year fundraising project for the development of an Airnasium, the first indoor/outdoor covered space in Siskiyou County.
- **KEY PARTNERSHIPS:** In partnership with The Ford Family Foundation & Adventure Whitewater, 72 youth participated in “Camp LEAD”, a free week-long leadership and outdoor adventure camp for the 16<sup>th</sup> straight year.
- **PROTECT OUR CHILDREN INITIATIVE:** The YMCA is helping lead the “Protect Our Children” initiative in Siskiyou County that was set by The Ford Family Foundation in an attempt to curb child sexual abuse. This bold initiative uses the nationally recognized “Stewards of Children” training by Darkness 2 Light. With the help of First 5, we have trained over 2,700 people!

## PROMOTING HEALTHY LIFESTYLES

- **SERVING HEALTH SEEKERS:** Our YMCA has a longstanding dedication to providing programs & services that build a healthy mind, body, and spirit for all. With nationally certified personal trainers and a fitness staff with over 150 years of combined fitness instruction experience, our Y strives to meet the needs of those looking for a healthier lifestyle.
- **STAYING ACTIVE:** With 25+ fitness classes offered each week, we had over 10,096 class participants in 2025!



**THE YMCA. FOR A BETTER US.**